



# Best Buddies Canada

Because everyone deserves a friend!



March is here, and it's time to celebrate **#BestBuddiesMonth**! Join us in commemorating this special occasion by spreading the love and joy of friendship through Best Buddies Canada Friendship Programs. Please forward this email to parents, guardians, participants, and supporters of Best Buddies Canada.

Since its inception in 1993 as a one-day event, Best Buddies Month has evolved into a month-long celebration dedicated to promoting one-to-one friendships and fostering leadership development. This March, let's come together to celebrate the achievements of our participants and supporters while continuing to advance our mission across the country.

## HERE ARE SOME OF THE ACTIVITIES



## Share Your Best Buddies Story on Social Media

Share with the world how Best Buddies has impacted your life or the lives of students. Use the hashtag @bestbuddiescanada in your posts for a chance to be reshared on our official accounts. We can't wait to hear from you!

[Click Here](#)



## Spend Time with Your Buddy

Keep an eye on the **Best Buddies Canada** social media accounts for exciting activities that buddy pairs can enjoy together, along with giveaways.

**Don't miss our livestream event on March 18th at 4 p.m. EST**, where we'll be "Painting a Pot and Potting a Plant" together! Check out our virtual programming

[Click Here](#)





## Raise Funds

Your support allows Best Buddies to facilitate meaningful connections for people with intellectual and developmental disabilities. Consider giving the gift of lifelong friendships by donating

[Click Here](#)

**Let's make this Best Buddies Month one to remember as we spread kindness, inclusion, and friendship throughout our communities.**

**30**

Years of  
Friendships

**363**

Schools  
Across Canada

**11+**

Provinces  
and territories

**10,890+**

Participants  
and Growing

**150k+**

Friendships  
Created

## Follow our Social Media Channels

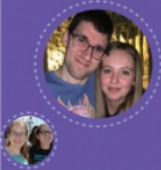
Check out our media channels, **@BestBuddies Canada** for the Awards of Excellence and contests.



### Join the Best Buddies Community Today!

Check for the Best Buddies program in your school or area.

Join Now



Best Buddies Canada | 2000-2 Sheppard Ave. East, North York, M2N 5Y7 Canada  
<https://bestbuddies.ca/>

[Unsubscribe jennifera@bestbuddies.ca](mailto:jennifera@bestbuddies.ca)

[Update Profile](#) | [Constant Contact Data](#)  
[Notice](#)

Sent by [info@bestbuddies.ca](mailto:info@bestbuddies.ca) powered by



Try email marketing for free today!