



# Best Buddies Canada

Because everyone deserves a friend!

## A Message from the Best Buddies Team

Hello Best Buddies Community,

Happy December! We hope you're having a wonderful start to your holiday season. As we near the end of 2024, we want to thank you for helping to make this year a success.

There are lots of exciting things happening this month, including:

- Our Best Buddies merch store (open until December 8!)
- Our End of Year holiday campaign
- Our final Zoom activity of the year

Don't forget to share photos from your chapter events to be featured in our upcoming newsletters! And please let us know about any upcoming holiday events - we might just pop by for a visit. Happy holidays, and we will see you next year!

## Check Out Our Chapters!



King's University College's Christmas event



The University of Alberta's art therapy activity



The University of British Columbia attended a hockey game



St. Gabriel Catholic Elementary School in Burlington having fun with their buddies

## What's happening this month at Best Buddies?

### December 5th - Christmas Crafts with Julia

Join Julia on December 5th at 1:15pm EST to make some beautiful Christmas angels and ornaments. [Sign up here!](#)



## SHOP BEST BUDDIES MERCH

Shop exclusive Best Buddies merchandise and give the gift of friendship! But hurry - the store is open for a **LIMITED TIME** and will close on December 8th!

**DID YOU KNOW** every order made enters you into a draw for a Best Buddies prize pack? Make your chapter orders as a group now to save on shipping! Please note - due to the Canada Post strike, shipping may be delayed. [Shop here!](#)

## IT'S GIVING TUESDAY!

Today is not just about raising funds; it's about amplifying voices, creating pathways, and championing inclusivity in Canada and across the globe. Together, we are empowering individuals with



Give the gift  
of friendship!



intellectual and developmental disabilities to thrive in all aspects of their lives.

Share with family and friends to support our mission and [give the gift of friendship!](#)

## DONOR RECOGNITION



We are grateful to CIBC for their support of our organization. Their contribution will help us to continue to reach new schools across Canada and promote our message of inclusion.

## STORY SPOTLIGHT

As a Queen's University alumnus, Ryan Nicholson's time on campus was largely defined by his experience as a Best Buddies Volunteer Coordinator and Co-President. Learn about Ryan's journey with Best Buddies Canada in our latest Story Spotlight. [Click to read more!](#)

## BEST BUDDIES STORY SPOTLIGHT



**Ryan  
Nicholson**

*"[Best Buddies] showed me the importance of compassion and reciprocity in everything I do."*



## Follow Best Buddies' Social Media!

Check out [@BestBuddiesCanada](#) for the latest news and updates





**Join the Best Buddies Community Today!**

Check for the Best Buddies program in your school or area.

[Join Now](#)

   

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