



# Best Buddies Canada

Because everyone deserves a friend!

## A Message from the Best Buddies Team

Hello Best Buddies Community,

April is World Autism Awareness Month, and we encourage you to take this time to learn more about autism, embrace meaningful friendships, and champion inclusion in your communities.

We're excited to share all the incredible things happening in our community! From the upcoming Best Buddies Leadership Conference to our Friendship Walks and Ambassador Training, there are so many opportunities to connect, grow, and make a difference.

We're also celebrating some special moments from March: we proudly announced Sara and Fatima as the winners of the 2024-2025 Spirit of Friendship Award, recognizing their dedication to friendship and inclusion. Plus, we hosted our GTA chapters at the inspiring "Reach for the Stars" event in partnership with Humber FLAS, where participants connected, learned, and had an unforgettable time.

To our college and university chapters: **please be sure to submit your Year End Report as soon as possible!**

Thank you for being part of the Best Buddies community—your support and enthusiasm help us continue spreading friendship, inclusion, and joy across the country!

## Check Out Our Chapters!



The University of Guelph on a nature walk



King's University College bowling for St. Patrick's Day



St. Augustine Catholic High School making stress balls



The University of British Columbia's Hooping it Up fundraiser

## "Reach for the Stars!" with Humber FLAS

We hosted an amazing event in partnership with Humber's Faculty of Liberal Arts and Sciences focused on encouraging Best Buddies participants to dream bigger and reach for their full potential. Thank you to everyone who came and celebrated friendship and inclusion with us!





## Spirit of Friendship

Meet our 2024-2025 Spirit of Friendship Award Winners: Sara and Fatima from Brampton Centennial Secondary School!

Sara and Fatima have formed an unbreakable bond, spreading kindness and inclusion wherever they go. They love to watch videos, play games, and sing together. Congratulations, Sara and Fatima!



The Best Buddies Friendship Walk is coming to Canada! But we need your help - become a Walk Leader and help build a more inclusive Canada for individuals with IDD.

We provide Walk Leaders with all the resources they need, including a Walk-in-a-Box toolkit, to run a fun, safe, and family friendly event. Your leadership is essential in making this vision a reality!

[Click here to learn more.](#)

Join us at the Best Buddies

## Leadership Conference in Bloomington Indiana from July 18-21!

For over 30 years, the Best Buddies Leadership Conference (BBLC) has inspired thousands of leaders to be Best Buddies advocates and bring about social change in their communities. Get ready for a weekend filled with inspiration and fun! [Click here for more information.](#)



## DONOR RECOGNITION

**TOTEM  
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We are grateful to the Totem Charitable Foundation for their support of our program. Their contribution allows us to launch new programs in Calgary and promote our message of inclusion.

## Follow Best Buddies' Social Media!

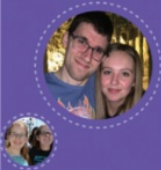
Check out [@BestBuddiesCanada](#) for the latest news and updates



## Join the Best Buddies Community Today!

Check for the Best Buddies program in your school or area.

Join Now





Try email marketing for free today!